Chelmsford Prison

**Prison accommodation**

Accommodation varies between prisons, ranging from single cells to dormitories.

A typical wing will also include recreation areas, showers, offices and a food servery.

At Chelmsford Prison some of the accommodation is modern, some of it Victorian.

Cells have toilets and prisoners are allowed TVs.

**Education**

All prisoners have access to education, with jails offering a mix of courses, including vocational qualifications.

Provision is normally made for those prisoners needing help with basic or key skills.

At Chelmsford Prison, educational facilities include a barber's salon, IT classes and cookery lessons.

**Multi-faith centre**

An Anglican chaplain normally takes overall responsibility for spiritual care at prisons, but will cater for many faiths.

Prisoners of different religions may well share the same facilities - with services for each held during the week.

At Chelmsford Prison, the multi-faith centre hosts Roman Catholic Mass, Church of England services and Muslim Friday prayers.

The chaplaincy team also includes a Hindu, Buddhist and Sikh among others.

**Kitchen**

Prison kitchens have to keep inmates well fed on a tight budget.

Breakfast, lunch and an evening meal cost an average of £1.87 per prisoner per day.

Young offenders' institutes spend £3.81 per day.

Prisons now cater for a wide variety of diets and often offer healthy options.

All prisons have sports facilities, to encourage exercise and good health among prisoners.

New gym equipment and a sports hall are available at Chelmsford Prison.

The gym is used by about 70% of prisoners and is also open to staff.