Nice visual about the COVID-19 virus and how to keep safe

<https://660919d3-b85b-43c3-a3ad-3de6a9d37099.filesusr.com/ugd/64c685_319c5acf38d34604b537ac9fae37fc80.pdf>

Mindfulness for kids, meditation and relaxing music for stress relief, study music, and sleep music

<https://www.youtube.com/watch?v=Bk_qU7l-fcU&t=67s>

<https://www.youtube.com/watch?v=wf5K3pP2IUQ>

<https://www.youtube.com/watch?v=qFZKK7K52uQ>