<https://youtu.be/gKJDjg4ebNQ> - Team GB Golden Moments (2012)

<https://youtu.be/OVCfb6JNCUc> - inspired by Laura Deas - Values of Sport

<https://youtu.be/liCRrheKIOI> - Brownlee brothers triathlon

<https://youtu.be/b7GpuvHQNmk> - Adam Peaty and British Swimming

<https://www.teamgb.com/homegrownheroes> - find your local team gb hero

<https://www.teamgb.com/homegrownheroes/nutrition> - Team GB - nutrition and recipes

<https://www.teamgb.com/gbtv?v=team-gb%27s-four-man-bobsleigh-team-awarded-sochi-2014-bronze-medal&p=featured-video> - Team GB Bobsleigh Team - Bronze Medal (2014)

<https://www.nhs.uk/live-well/eat-well/the-eatwell-guide/> - NHS Eatwell Guide

<https://www.olympicchannel.com/en/play/> - Interactive games

<https://www.artforkidshub.com/how-to-draw-the-olympic-rings/> - how to draw the Olympic rings