

<b>Subject Intent Statement</b>
Home Cooking
<p>Food is a part of our lives. The Home Cooking curriculum will equip students with the knowledge, understanding, and skills required to cook and bake. They will learn to apply the principles of food science, nutrition, and healthy eating so that they grow into independent and healthy human beings. The curriculum is inclusive and accessible to all students with any needs they may have. In year 7, students will build basic food preparation and cooking skills. This will include food safety, heat transfer, the function of ingredients, basic food science and culinary skills. Students will be given the chance to cook many recipes, embedding basic cooking skills and use kitchen equipment safely. In year 8, students will develop baking skills and investigate the science of food including dietary needs, staple foods and they will deepen knowledge of food safety in year 9. In KS4, students have the opportunity to complete BTEC Home Cooking skills level 1 and 2 and achieve a recognised qualification. In Home Cooking lessons students have continued opportunity to practice their literacy and numeracy skills in every lesson.</p>