



SENDAT Lunch Menu Week 1

Commencing 2nd, 23rd November & 14th December



Monday	Tuesday	Wednesday	Thursday	Friday
<p>Smokey Joes Chicken with BBQ Sauce and Cheese</p> 	<p>Italian Pork Meatballs served with Tomato Sauce</p>   	<p>Lasagne</p>    	<p>Roasted Beef served with Homemade Yorkshire Pudding</p>   	<p>Hand Battered Fish with Tartare Sauce</p>   
<p>Vegetarian Kofte Pitta served with Wilted red cabbage.</p> 	<p>2 Cheese And Roasted Red Pepper Quiche</p>   	<p>Sweet Potato and Chick Pea Curry with Rice and Poppadum</p>  	<p>Leek, Broccoli and Potato Puff Pastry Pie</p>   	<p>Battered Quorn Sausage</p>  
<p>Potato Wedges Boston Beans Corn on the Cob</p>	<p>Boiled New Potatoes Roasted Mediterranean vegetables</p>	<p>Peas</p>	<p>Roast Potatoes Sautéed Cabbage Carrots Gravy</p>	<p>Chips Baked Beans Mushy Peas</p>
<p>Homemade Bread Roll</p>   <p>Salad bar Jacket Potato Bar</p>	<p>Garlic Flatbread</p>   <p>Salad bar Jacket Potato Bar</p>	<p>Homemade Garlic Bread</p>   <p>Salad bar Jacket Potato Bar</p>	<p>Homemade Bread Roll</p>   <p>Salad bar Jacket Potato Bar</p>	<p>Homemade Bread Roll</p>   <p>Salad bar Jacket Potato Bar</p>
<p>Sticky Toffee Pudding with Custard</p>    <p>Citrus Syllabub</p>  <p>Fruit Platter</p>	<p>Chocolate Crunch with Chocolate sauce</p>    <p>Mixed Jelly pot</p> <p>Fruit Platter</p>	<p>Homemade cookies</p>   <p>Chocolate layered fool</p>  <p>Fruit Platter</p>	<p>Hot Chocolate pudding with cream</p>    <p>Mixed Jelly Pot</p> <p>Fruit Platter</p>	<p>Desserts of the Day</p>    <p>Fruit Platter</p>



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SENDAT Lunch Menu Week 2

Commencing 9th & 30th November



Monday	Tuesday	Wednesday	Thursday	Friday
<p>Homemade Turkey Burger served in a Floured bap with Rocket and Parmesan</p> 	<p>Chicken Curry with Rice and Poppadum</p> 	<p>Pizza Wheel selection</p> 	<p>Roasted Pork With Apple Sauce</p> 	<p>Fish Fingers with Tartare Sauce</p> 
<p>2 Cheese and Vegetable pasta Gratin</p> 	<p>5 bean Burrito wrap, served with salsa and sour cream</p> 		<p>Root Vegetable and Puff Pastry encroute</p> 	<p>Falafel And Minted Yoghurt Flatbread</p> 
<p>Potato Wedges Corn on the Cob Peas</p>	<p>Bombay Potatoes Cauliflower, spinach and Pepper Aloo</p>	<p>Sautéed Potatoes Fine green beans Sweetcorn</p>	<p>Roasted New Potatoes Broccoli Florets Baton Carrots</p>	<p>Chips Baked Beans Mushy Peas</p>
<p>Homemade Bread Roll</p>  <p>Salad bar Jacket Potato Bar</p>	<p>Homemade Naan bread</p>  <p>Salad bar Jacket Potato Bar</p>	<p>Homemade Bread Roll</p>  <p>Salad bar Jacket Potato Bar</p>	<p>Homemade Bread Roll</p>  <p>Salad bar Jacket Potato Bar</p>	<p>Homemade Bread Roll</p>  <p>Salad bar Jacket Potato Bar</p>
<p>Ginger Pudding with Ginger Sauce</p>  <p>Eton Mess</p>  <p>Fruit Platter</p>	<p>Fruit slice with Custard</p>  <p>Mixed Jelly Pots Fruit Platter</p>	<p>Muffin Selection</p>  <p>Toffee apple Pavlova cup</p>  <p>Fruit Platter</p>	<p>Apple crumble served with Custard</p>  <p>Mixed Jelly Pots Fruit Platter</p>	<p>Dessert of the Day</p>  <p>Fruit Platter</p>



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SENDAT Lunch Menu Week 3

16th November & 7th December



Monday	Tuesday	Wednesday	Thursday	Friday
<p>Chicken Leek and Ham Puff Pastry Pie</p>	<p>All Day Breakfast</p>	<p>Beef Stew with Dumplings</p>	<p>Honey Baked Gammon</p>	<p>Fish Goujon served with Lemon Mayo</p>
<p>Vegetable Curry served with Rice and Homemade Naan</p>		<p>Vegetable Wellington</p>	<p>Mixed Mushroom and Lentil Bake</p>	<p>Caesar Mixed Bean Burger with Rocket</p>
<p>New Potatoes Swede Cabbage</p>		<p>Buttered Mash Baton Carrots Peas</p>	<p>Roasted Fondant Potatoes Carrots Cabbage Gravy</p>	<p>Chips Baked Beans Mushy Peas</p>
<p>Homemade Bread Roll</p> <p>Salad bar Jacket Potato Bar</p>	<p>Homemade Bread Roll</p> <p>Salad bar Jacket Potato Bar</p>	<p>Homemade Bread Roll</p> <p>Salad bar Jacket Potato Bar</p>	<p>Homemade Bread Roll</p> <p>Salad bar Jacket Potato Bar</p>	<p>Homemade Bread Roll</p> <p>Salad bar Jacket Potato Bar</p>
<p>Treacle tart and Custard</p> <p>Lemon Meringue Pots</p> <p>Fruit Platter</p>	<p>Homemade Cookies served with Ice Cream</p> <p>Mixed Jelly Pots</p> <p>Fruit Platter</p>	<p>Vanilla Crunch with Custard</p> <p>Layered Chocolate Mousse</p> <p>Fruit Platter</p>	<p>Cherry Pie with Custard</p> <p>Mixed Jelly Pots</p> <p>Fruit Platter</p>	<p>Assorted Desserts</p> <p>Fruit Platter</p>



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