# SENDAT Lunch Menu Week 1

## Commencing 28th February & 21st March

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|---|---|
| Chicken and Chorizo Paella | BBQ pulled Pork Burger served with Monteray Jack Cheese in a brioche bun | Beef Meatballs in a rich tomato sauce and pasta | Roasted Chicken Breast served with Stuffing | Scampi Tartar |
| Crispy Aubergine served with Spinach, Mozzarella and tomato sauce | Quorn Burger | Roasted tomato, spinach and feta pasta. | Root Vegetable Tatin | Black Bean Burrito Bowl |
| Parmesan dressed roquette salad | Sweet Potatoes fries<br>Fruity Coleslaw | Garlic and herb dressed green beans | Fondant Potatoes<br>Carrots<br>Peas | Chips<br>Peas<br>Beans |
| Homemade Focaccia Bread<br>Salad bar<br>Jacket Potato Bar | Salad bar<br>Jacket Potato Bar | Homemade Garlic bread<br>Salad bar<br>Jacket Potato Bar | Homemade Bread<br>Salad bar<br>Jacket Potato Bar | Homemade Bread<br>Salad bar<br>Jacket Potato Bar |
| Jammy Flapjacks<br>Chocolate Mousse<br>Fruit Platter & Yoghurts | Meringue nests served with Fruit coulis and ice-cream<br>Jelly Pots<br>Fruit Platter & Yoghurts | Cookie Pie<br>Passion Fruit and Mango fool<br>Fruit Platter & Yoghurts | Layered Toffee apple sponge served with Custard<br>Trifle<br>Fruit platter & Yoghurts | Desserts of the Day<br>Fruit Platter & Yoghurts |

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# SENDAT Lunch Menu Week 2

## Commencing 7th March & 28th March

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|---|---|
| Bolognaise | Ploughman's served with pickles | Chicken Fajitas with Salsa and Sour cream | Roasted loin of Pork served with Apple Sauce | Hand Battered Cod |
| Spinach and ricotta Cannelloni | Homemade Quiche | Vegetable and Jack Fruit Fajitas With Salsa and Sour Cream | Nutless roast | Battered Quorn Sausage |
| Peas | Boiled New potatoes | Homemade Potato wedges<br>Corn on the Cob | Roast Potatoes<br>Savoy Cabbage<br>Peas | Chips<br>Peas<br>Beans |
| Homemade Garlic Bread<br>Salad bar<br>Jacket Potato Bar | Homemade Granary Bread<br>Salad bar<br>Jacket Potato Bar | Salad bar<br>Jacket Potato Bar | Homemade Bread<br>Salad bar<br>Jacket Potato Bar | Homemade Bread<br>Salad bar<br>Jacket Potato Bar |
| Victoria Sandwich<br>Jelly Pots<br>Fruit Platter & Yoghurts | Chocolate Crunch and Chocolate Sauce<br>Jelly Pots<br>Fruit Platter & Yoghurts | Cherry Blondies<br>Homemade Cheesecake Pots<br>Fruit Platter & Yoghurts | Apple and Berry Crumble pie served with Custard<br>Jelly Pots<br>Fruit Platter & Yoghurts | Dessert of the Day<br>Fruit Platter & Yoghurts |

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# SENDAT Lunch Menu Week 3

## Commencing 14th March & 4th April

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|---|---|
| Moroccan Chicken Flatbread served with lightly pickled red cabbage and sour cream | Homemade Sausage Plait | Pasta Carbonara | Roast Beef with Yorkshire Puddings | Fish Fingers |
| Homemade Falafel Flatbread served bang bang lentil salad. | Vegetable Turnovers | Stuffed Tortellini served with Basil and Roasted Vine tomatoes | Quorn Roast | Herby Mozzarella sticks with Sweet chilli dipping sauce |
| Crispy skin on potatoes | Mash<br>Peas<br>Beans<br>Gravy | Fine Green Beans | Roasted Potatoes<br>Parsnips<br>Swede | Chips<br>Peas<br>Beans |
| Salad bar<br>Jacket Potato Bar | Homemade Bread<br>Salad bar<br>Jacket Potato Bar | Homemade Garlic Bread<br>Salad bar<br>Jacket Potato Bar | Homemade Bread<br>Salad bar<br>Jacket Potato Bar | Homemade Bread<br>Salad bar<br>Jacket Potato Bar |
| Homemade scone served with strawberry jam<br>Jelly Pots<br>Fruit Platter & yoghurts | Muffin Selection<br>Lemon Curd flapjack pots<br>Fruit Platter & yoghurts | Iced Cake<br>Millionaire Shortbread Pots<br>Fruit Platter & yoghurts | Chocolate Torte<br>Jelly Pots<br>Fruit Platter & yoghurts | Assorted Desserts<br>Fruit Platter & yoghurts |

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